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Blog Post for Behm Law Group  
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### **The emotions of filing for bankruptcy**

If you are considering filing for bankruptcy, you are most likely under an enormous amount of stress. If your situation feels hopeless, know that you're not alone. At Behm Law Group, we work with people in your situation every day. We see the difference that filing bankruptcy can make not only with their finances, but also with their emotional health.

#### **Before you file**

You might be wondering how you will pay the heating bill, pay rent, make a mortgage payment, or put food on the table. Creditors are most likely making harassing phone calls from the moment you wake until you go to bed. And when you do get to bed, you can't sleep because of your financial stress.

#### **When you file**

Immediately after starting the process with a Minnesota bankruptcy lawyer, the harassing phone calls end. You can pick up the phone with the confidence that the call is from a friend or family member. This is because when you file for bankruptcy, it is illegal for a debt collector continue demanding money from you. And not only do the harassing phone calls stop, so do the demanding letters in the mail. That source of stress disappears immediately.

#### **After you file**

After they file for bankruptcy, most people feel a tremendous amount of relief. They know that their financial nightmare is behind them. They also feel hope. Bankruptcy is in place to give people just like you a second chance. At Behm Law group, we know the relief and hope that bankruptcy can bring. If you're feeling hopeless, give us a call. We can show you how bankruptcy can help you.